

SUNSCREEN

Taking into consideration the importance of:

- each child having a sun hat
- each child wearing light weight clothing to cover their bodies
 1. example: long shorts or skirts, t-shirts
- having the children wear a t-shirt while swimming
- receiving vitamin D naturally
- limiting the time exposed to direct sunlight, providing shade

Sunscreen will be applied:

- Usually between the months of May to September;
- On hot and humid days
- After the morning snack, and then a second application will be done at 11:00 before lunch when there is a picnic and according to the temperature.

Sunscreen will not be applied:

- On comfortable cloudy days, according to the teams judgement, taking into account the characteristics of certain children(ex: sensitive skin or specific written request from the parent)
- After 3:00pm, unless it is a hot and humid day.

The sunscreen applied is the name brand “Personelle” SPF 30.