

## **ALLERGIES**

**Intolerance:** Impossible to ingest certain medication or food.

**At risk:** Danger: Possible allergy to something we are exposed to.

**Allergy:** Abnormal excessive reaction of the body to an allergen to which he/she is particularly sensitive to.

### **Steps to follow concerning food allergies:**

- Forms to fill-out at registration indicating in detail all the known allergies and the treatment to administer in case of an allergic reaction.
- The parents must also enclose a detailed letter or a copy of the medical report filled-in by a doctor or an allergy specialist.
- It is also the parent's responsibility once a year to provide an up-to-date list of any additional allergies their child(ren) could have.
- Management must communicate to all the staff the important information about the child's allergies as well as the steps to be taken.
- Posting the picture of the child and the list of allergens in the child's room, the kitchen and close to where the meals and snacks are given and eaten.
- The necessary measures are put into place in order to verify the ingredients and the contents of ready made foods, as well as when cooking and during the preparation of the meals and snacks.
- The educator that notices that a child is having an allergic reaction must take care of that child as a priority. The educator must administer the Epipen, call 9-1-1 and inform the Management and parents of the situation. The educator must fill-out an accident report and describe in detail, the allergic incident. (Ex.: What did the child eat?, under what circumstances?, his/her symptoms, the measures taken to rectify the allergic situation, etc).