

DISCIPLINE

The ECC firmly believes that the child is the first agent of his/her development therefore we tend to have a democratic approach with him/her.

To do so, the ECC established simple life rules:

- We walk inside the daycare, outside we can run.
- We talk softly inside the daycare, outside we can talk louder.
- We sit at the table to eat our meals and snacks.
- We are respectful to our friends and adults around us.
- We are respectful to the nature and to the things that surround us.

The educators must:

- Encourage problem solving among children.
- Encourage the children to talk about their emotions.
- Let the children find solutions themselves for a problem.
- Give children reasonable and convenient choices.
- Apply natural and logical consequences.
- Change our ways of interventions when the situation degenerates.

Acceptable interventions for the ECC are the following:

- Let the children live with the consequences of their choices.
- Depending on the age, time out for 1 minute per age (ex.: 1 min. – 1 year old, 4 min. – 4-year-old) where the child is away from the group, depending on the severity of the behaviour. The educator keeps them within sight and does a follow up of the behaviour.
- When a child is not in control of their emotions, we assure that the child does not hurt himself, or someone else, until they have taken control of their emotions.
- Once they have regained control, have a discussion with the child about the situation.
- Validate all the emotions of the child and show empathy towards him/her.
- Allow the child time to self-regulate themselves, give them tools to auto regulate their emotions.