

## **SUNSCREEN**

### **Taking into consideration the importance of:**

- Each child having a sun hat
- Each child wearing light weight clothing to cover their bodies
  1. example: long shorts or skirts, t-shirts
- Having the children wear a t-shirt after swimming or water play
- Receiving vitamin D naturally
- Limiting the time exposed to direct sunlight, providing shade

### **Sunscreen will be applied:**

- Usually between the months of May to September.
- On hot and humid days
- After the morning snack, and then a second application will be done at 11:00 before lunch when there is a picnic and according to the temperature.

### **Sunscreen will not be applied:**

- On comfortable cloudy days, according to the teams judgement, taking into account the characteristics of certain children (ex: sensitive skin or specific written request from the parent)
- After 3:00pm, unless it is a hot and humid day.

*The sunscreen applied is the name brand "Personelle" SPF 30.*