

WORKSHOP 2

Approaching gently

Dear parents,

Minipally the mouse came back to the daycare today. He came up to me very slowly and gave me a gentle hug, saying my name. He explained that gentle touches make people smile and that I, too, can go up to people gently and touch them softly. My teacher had me practise being gentle with a teddy bear and a doll. You know, daddy, mommy, when I want to be close to you I hold out my arms, and then you take me in your arms and I feel reassured.

